

Brag Sheet

To Be Used For Requesting Recommendations

Please complete this form and give a copy to any teacher or counselor from whom you request a personal college or job recommendation. The information helps us write a great personal and effective recommendation for you.

When you request a recommendation, it is courteous to provide a stamped envelope addressed to the school or company to which you are applying. Please be certain to give your request at least two weeks before any deadlines.

Student Name: _____ Phone: _____

Email Address: _____

Personal Reflections: Please answer as completely as you can. Use additional sheets if necessary.

What two or three (academic & personal) accomplishments are you most proud of and why?

What do you see as your greatest academic strengths and weaknesses? Give examples of your strengths.

List three words that you would use to describe yourself and why?

1.

2.

3.

Discuss a failure that taught you something.

List three goals that you have in life:

1.

2.

3.

Describe any distinctions or honors you have earned beginning with 9th grade:

List any extracurricular, personal, and/or volunteer activities have you participated in?

List any jobs you have held and approximately how many hours you worked per week:

Position:

Responsibilities:

Employer:

Approximate dates of Employment:

Approximate number of hours spent per week: